

The Inner Voice

A Source of Light For Unfolding Consciousness • August 2020

Visions of the Bigger Picture



Planetary Grid of Transfiguring Divine Love

Featuring Patricia Cota-Robles | Era of Light



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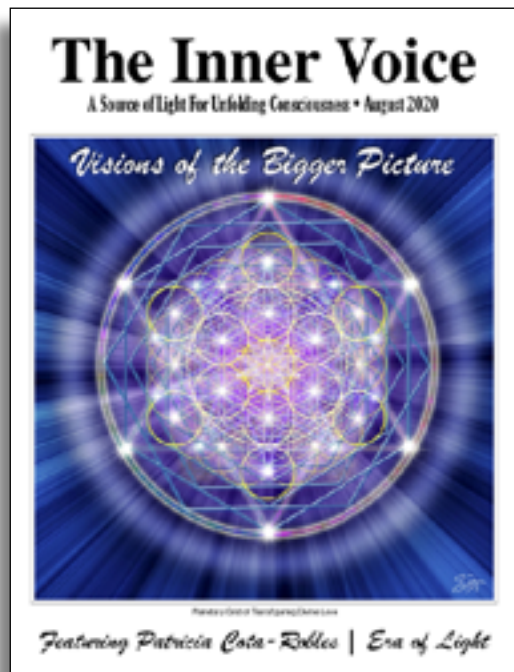


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August 2020

Dear Readers,

Although it may not feel like it in the moment of calamity, everything happens for a very good reason.

A Course In Miracles says that if you're not experiencing love, then it is a lesson to learn love. Ask the angels to see as God sees, that is, to see the bigger picture. Then, things become clear and begin to make sense. All of these truisms help guide us safely through rough weather; especially when an unexpected storm takes us off our path of pursuing happiness. We need to remember to rise above the situation like a hovering drone with a bird's-eye view. Clarity and options will appear like the sun shining through the clouds.

This month's issue is like a bridge over troubled waters – filled with hope and options to learn and move through life's lessons. Remember, this is Earth school. We come here with a curriculum, but we also are given the best guidance counselors ever, the angels. They will help you onto the bridge should you ask.

Be inspired!

Nancy

P.S. We would love to read your feedback on The Inner Voice! Write to us at: theinnervoice@gamil.com



Angel Talk™



There's more than one way to skin a cat

By Nancy Freier & Sreper, Angel of the Great White Light

I am human complete with my unique set of character defects including that I don't always turn within first for answers to my dilemmas. Sometimes I stumble around in the dark for a while finding a way through the obstacle course that life on Earth has presented to me.

I recently experienced a huge disappointment. A dream I had came crashing down and burned before my eyes. I thought that dream was finally going to manifest for real this time, and I let myself feel its reality and put a lot of energy into planning for it to unfold. But suddenly the rug was pulled out from under me and I was back at square one.

My bottom line is, "Everything happens for a very good reason," and those words came rushing into my awareness like a firetruck to a five-alarm fire. After a little while, like the Phoenix, my dream surprisingly rose from the ashes! It was still intact but with it came a revision.

Sreper got my attention with, "There's another way to make your dream a reality! Make a clear commitment and keep your eyes on the prize. Do not let any negative thought to the contrary enter the picture. Stay steadfast to your dream. Continually feed it your positive energy. Rise above the burned out house you've been in. Open your heartmind to see the bigger picture, for there are others ways in which this dream can manifest. Allow it to fall from Heaven in a new design."

The angels gave me the image of a kaleidoscope. filled with broken pieces of colored glass and mirrors that form beautiful designs. Give it a shake and a new design appears equally as rich and beautiful as the one before. Shake the kaleidoscope again and another configuration appears.

"We say there are endless numbers of patterns in which your dreams can come into your reality. The Universe is not limited except for the boundaries you place on it in your imagination," Sreper said,

I took out my (inner) machete and cut through the underbrush of the persistent negative thoughts that were growing to the contrary of what I want in my life. This is the work of manifesting. Pull the negative thoughts forbidding your new reality from forming. Get them out by their roots and plant the seeds of possibility remaining unattached to how the Universe will deliver it."

Initially, I lost my way, but those pesky *nagels* (as I lovingly call the angels when I type too fast) urgently rushed in to turn me around. This time they sent a friend whom I admire for having gone through plenty of fires of her own. She called that very day with the rest of the answer to my prayer. She instructed me to write down what I want and to speak it out loud for the Universe to hear the clarity. "When you are clear, the steps toward your dream will be clear. Keep an open mind as to how it may unfold, for it will likely surprise you," she added.

We are creative beings having inherited the co-creative power from our Creator to have the life we are here to live. The angels remind, "Forgive yourself of all your shortcomings and mistaken beliefs and let them go. Your glorious and bountiful future is awaiting your arrival."

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kaleidoscope

[kuh-lahy-duh-skohp]

noun

- an optical instrument in which bits of glass, held loosely at the end of a rotating tube, are shown in continually changing symmetrical forms by reflection in two or more mirrors set at angles to each other.
- a continually changing pattern of shapes and colors.
- a continually shifting pattern, scene, or the like: *The 1920s were a kaleidoscope of fads and fashions.*



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Readings are done remotely using an automatic-writing technique inspired by Ruth Montgomery and Edgar Cayce. Angel Counseling sessions available on Skype by appointment.



We are Being Called to Respond to this Cosmic Moment

June 17, 2020 • [Newsletter English](#) [Click link to read full article](#)

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We are in the midst of a truly Cosmic Moment during which we have the opportunity to greatly accelerate Humanity's awareness of the Oneness of ALL Life. The Company of Heaven has encouraged us for decades to *pay attention*, because, as they say, "*Cosmic Moments come and Cosmic Moments go.*" What they mean by that is that throughout the Universe there are myriad celestial alignments and cycles within cycles within cycles that greatly amplify the frequencies of Divine Light that Humanity can benefit from IF we take advantage of the opportunity.

This is one of those opportunities! We are currently being held in the embrace of a Triple Eclipse Series. The weekend of June 20th -21st we experienced an extremely powerful New Moon Solar Eclipse.

On January 10th, during the Eclipse Series that birthed 2020, we experienced a Full Moon Lunar Eclipse which the Company of Heaven revealed assisted Mother Earth to cross the threshold of the "*13th Gateway*" into the Crystalline fields of the 5th-Dimensional New Earth. This monumental facet in our Ascension process shifted the Cosmic coordinates of Mother Earth to a brand new frequency in our Solar System. This is allowing the Solar Logos from Suns beyond Suns to greatly amplify the Light that is bathing the Earth now due to Lunar Cycles, Sun Cycles, Eclipses, Solstices, Equinoxes and Planetary Alignments. We are also receiving greatly intensified frequencies of Light from Galactic Solar Waves, Plasma Solar Storms, Solar Winds, Photonic Light

Streams, Solar Radiation, Magnetic Fields, Sonic Impulses and various other Cosmic events.

Even though these events present the opportunity for Humanity and the Earth to benefit in miraculous ways, if you and I and the rest of Awakening Humanity do not deliberately volunteer to be the Open Door for this Light on behalf of ourselves, Humanity and the rest of Life on Mother Earth, this unfathomable Divine Light will not be tangibly available in the physical world of form on this Planet.

The Universal Law is, "The Call for assistance *must* come from the Realm where the assistance is needed." In order for Humanity to benefit from the powerful Light Waves now bathing the Earth, we must Invoke that Divine Light through our I AM Presence and Breathe it through the Divinity within our Heart Flame into the physical world of form. Once we do that, the benefit from that influx of Light is then available for every person, place, condition and thing evolving in the physical plane of Earth. The more people invoking this Divine Light, the more obvious and life-transforming the effects will be in the individual and collective lives of ALL Humanity.

Our Father-Mother God and the Company of Heaven want us to KNOW that the events unfolding on Earth during this Cosmic Moment have never before happened. This is providing all of us with an unprecedented opportunity and WE ARE BEING CALLED TO RESPOND! This means your magnificent Light is needed NOW.

The global events occurring in the outer world at this time have opened the Hearts of the masses of Humanity to higher frequencies of GOD'S COMPREHENSIVE DIVINE LOVE than we have ever been able to safely assimilate. This is true, regardless of the scattered negative events being reported by the media. The reality is that Light is infinitely more powerful than the fear-based responses of those being motivated by their resistance to changing the status quo based in separation and duality.

Due to the overwhelming success of the newly opened Hearts within the masses of Humanity, we are being Called by our Father-Mother God and the Company of Heaven to respond to a multi-dimensional and multi-faceted activity of Light that will lift the Earth and ALL Life evolving upon her into brand NEW expressions of Oneness through GOD'S COMPREHENSIVE DIVINE LOVE.

During this Cosmic Moment which will be sustained in the *Eternal Moment of NOW*, the I AM Presence of every person on Earth will calibrate the right and left hemispheres of our brain to the highest level that Cosmic Law will allow. This will permit our I AM Presence to reconnect the fragmented pathways within our physical brain structures that have prevented us from communicating with our I AM Presence and remembering the Oneness of ALL Life.

Our Father-Mother God have asked that the Invocation we use to accomplish this vitally important facet of the Divine Plan be: "*I AM LOVING ALL LIFE FREE.*" This Gift from On High has

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been building in momentum for several decades and every time it is invoked Humanity en masse is lifted to a higher level of consciousness. Please respond to this Clarion Call from our Father-Mother God and the Realms of Illumined Truth by participating in this activity of Light as often you are inspired to do so.

I AM LOVING ALL LIFE FREE

I AM my I AM Presence and I AM One with the I AM Presence of every person on Earth. As One Unified Heart, we invoke our Father-Mother God and the entire Company of Heaven to help us raise every person on Earth from a consciousness of separation and duality into a consciousness of Oneness and Reverence for ALL Life. This is being accomplished by every person's I AM Presence in perfect alignment with his or

her Divine Plan and the highest good for all concerned.

Beloved Father-Mother God, we ask that you now expand your Divine Love which is pulsating within the Divinity of every person's newly calibrated Spiritual Brain Centers and Heart Flame. Allow your COMPREHENSIVE DIVINE LOVE to flow through each person's 5th-Dimensional Heart Chakra until it envelops the entire Planet Earth, greatly intensifying our Planetary Grid of Transfiguring Divine Love. As this unfathomable influx of Light bathes the Earth, every facet of Life is lifted into a Higher Order of Being.

I now reach up into the Infinity of my own Divine Consciousness. As I AM lifted up, all of Humanity is lifted up with me. In this frequency of Divine Consciousness, I see that Humanity's free will is becoming One with God's Will and the I AM Presence of each person

affirms, "*I AM ready to Love ALL Life FREE!*"

Within an Invincible Forcefield of God's Infinite Love, I take my Sisters and Brothers into the Kingdom of Heaven within my Heart Flame, and I hold them in my arms of Light as I would an injured child. "My I AM Presence is handling ALL imperfection perfectly."

God Bless You.

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We are delighted and honored to share this moment with you.

You may or may not know this yet, but you are a wondrous gift to this Earth. All Life evolving here is blessed by your Presence. The Divine Intent of my work is to help you remember that profound Truth.

Regardless of how far you think you are from reflecting the fact that you are a Beloved and Divine Child of God, this information from the Beings of Light in the Realms of Illumined Truth will awaken within you that Inner Knowing. You have been preparing for aeons of time to fulfill your unique facet of the Divine Plan, which is now unfolding on Earth.

Your I AM Presence has brought the information (presented on her website and vlog) into your sphere of awareness because the time for you to fulfill your purpose and reason for being is NOW.

Thank you for volunteering to be born during this Cosmic Moment on Earth, and thank you for your willingness to become the Instrument of God you are destined to be.

God Bless You, Patricia Cota-Robles



10 Lessons Not Offered in Sunday School or Science 101

http://whitecrowbooks.com/michaeltymn/entry/10_lessons_not_offered_in_sunday_school_or_science_101/

Steve is on vacation and in place of his regular column, submitted this blog post dated July 6, 2020 written by Michael Tymn, author of *The Afterlife: What Happens After We Die*.



Author Michael Tymn

Upon discovering my book [*The Afterlife Revealed*](#) at an Internet bookseller, a long-lost friend sent an email to me, informing me that his wife was dying and that he was looking for a good book about dying and the afterlife when he came upon my book. He asked what I could possibly “reveal” to him about the afterlife that his brand of Christianity hadn’t already offered him. He also asked about the sources of the “revelations” in my book. I responded by explaining that the sources included psychical research and afterlife studies in mediumship, near-death experiences, past-life recollections, instrumental transcommunication, and various other paranormal phenomena. After a little thought, I boiled it all down to 10 lessons, none of which I was taught in my Catholic catechism classes, or in college science courses. They are:

1. Faith vs. Conviction: There is compelling evidence that consciousness survives death.

All I ever got in my catechism lessons relative to evidence are the Bible and miracles performed by a number of church saints that defied natural law. While some of those miracles really impressed me and provided a foundation for a belief in paranormal phenomena, belief was still more a matter of faith than it was conviction based on evidence. My science classes ignored the subject matter and left the student with a nihilistic worldview, but psychical research and related afterlife studies provided some solid evidence and filled in the blanks left

by orthodox religion and mainstream science while also providing some explanations for the miracles taught by the Church.

2. The God Factor: Proof of God is not necessary to accept evidence that consciousness survives death.

Everything I was taught in religion classes began with the *a priori* necessity to accept the existence of an anthropomorphic God, and everything I heard from the atheistic side began with debunking the existence of that same God. The survival of consciousness, or afterlife issue was always secondary and contingent upon proof of God. Not until I began studying psychical research did I realize that it is not necessary to have proof of God before examining and accepting the evidence for survival. One can accept survival and infer some kind of Creator or Higher Intelligence without believing in a humanlike God or subscribing to the whole ‘worship’ side of religions. To put it another way, the evidence for survival leads to God, not the other way around.

3. No Humdrum Heaven: The Afterlife is much more dynamic than that taught by religions.

Religions teach a Heaven in which we don’t do much more than praise God 24-7 while strumming harps and floating around on clouds, or suffering torment in a pit of fire and brimstone. The Catholic Church teaches a middle ground in Purgatory, but it is just as bad as Hell, though not eternal. Psychical research tells us that there are many planes,

spheres, dimensions, levels of vibration, whatever name be given to them, and that they are much more dynamic than the afterlife offered by religions. As Jesus said, there are ‘many mansions’ in his Father’s house. At the most populous level, the spirit world is much like our earth world, or, perhaps more accurately, the earth world is a replica of the spirit world to some extent. It is a thought world, but it is much more real than the physical world.

4. Spirit Body: We have a spiritual body, the outer rim of which is called the aura.

Different names are given to it – etheric body, astral body, celestial body, odic body, radiant body, ghost, double, phantom, subtle body, perispirit – and this body is joined to the physical body by a ‘silver cord,’ an astral umbilical cord, and threads, which are severed at death. The so-called aura, the outer edge of this spirit body, is an ‘electrical’ field that connects us with the larger life. At the time of death, the silver cord is severed after the

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threads slowly break and the body emits a vaporish or misty substance, sometimes called 'soul mist' that forms a spirit body above the physical body. *The personality continues to exist in that body at a different vibration in a different dimension of reality.*

5. Hades: There is an adjustment period immediately after death.

There is a transition stage immediately following physical death in which we shed earthly habits and adapt to the spiritual environment before experiencing what has been called 'the second death.' This is a staging area of sorts where the soul must adjust its vibrations to the spirit world. There may be great confusion in Hades, a 'fire of the mind,' so to speak, by materialistic- or spiritually-challenged souls; hence the belief by some religions that Hades is another name for Hell. It is said that even Jesus needed a period of adjustment. Thus, he spent a day or more in Hades and then on the third day 'rose into Heaven.' That is, he apparently experienced the second death on the third day.

6. Awakening: We awaken on the Other Side with the degree of consciousness at which we left the material world.

Many religions would have us believe that we become all-knowing angels of some kind upon entering the spirit world, but indications are that we awaken on the Other Side with the same consciousness we had as we departed the material life. Enlightened souls awaken quickly, while more average souls awaken in something of a stupor for a period time and more depraved souls are 'earthbound,' not even realizing they are dead, as if in a dream world. The 'awakening' depends on the degree of spiritual consciousness achieved during the earth life. While time takes on a different meaning there, it may take just a few days in earth time for the developed

soul, but hundreds of years in earth time for the undeveloped soul to fully awaken.

7. Judgment: There is no Judgment Day, per se. We judge ourselves.

In my catechism classes, I was taught that I could lead a virtuous life, but then make one big mistake, i.e., sin, before death and that would result in spending eternity in Hell. On the other hand, I could lead a life of sin, then repent on my deathbed and eventually make it to Heaven after spending a few-hundred years in Purgatory. However, psychical research and afterlife studies suggest that we judge ourselves and settle in at a level based on what has been called a 'moral specific gravity' – which is a melding of all our positive and negative moral acts during our lifetime. We can't cheat in judging ourselves because we cannot adapt to a level in the larger life for which we are not prepared.

8. Reunion: There is a reunion with departed loved ones and friends.

There have been countless reports coming to us through credible mediumship and near-death studies indicating that we are greeted on the Other Side by deceased loved ones, and that there is a happy reunion of some kind before one of those loved ones, or an independent spirit takes us under his or her 'wing' and guides us, explaining how things work in that realm, while also giving us a tour of the afterlife environment and then guiding us in further development there.

9. Rebirth: After the adjustment period we settle in and spiritually evolve from there.

Whether reincarnation involves a rebirth of the total personality over many lifetimes or something much more complex in which fragments of the soul are reborn as the 'higher self' remains in the spirit world in a Group Soul is unclear and apparently beyond human comprehension, but one way or the other

there is a spiritual evolution taking place in which the soul learns to deal with adversity and gradually perfects itself, moving to higher and higher realms.

10. True Oneness: We retain our individuality as we spiritually evolve.

The ultimate, according to some beliefs, is the attainment of Nirvana, at which all souls become One with the Creator. While this implies a loss of individuality, various advanced spirits have informed us that it is just the opposite – we become more of an individual. We develop latent gifts, acquire greater knowledge, become stronger in character, and never lose ourselves. Complete perfection is never attained, although there is a constant striving toward it. At some point, we succeed in finding ourselves, and in the process we find greater unity with others. *"You do not lose your individuality in a sea of greater consciousness, but that depth of the ocean becomes included in your individuality,"* the group soul called Silver Birch explained.

As I tried to explain in the book and to my long-lost friend, by going beyond the self-imposed limits of orthodox religion and mainstream science, we can find a much more logical, more sensible, more inviting environment – one that can be reconciled with a just and loving Creator, and a Divine Plan not based on fear. At the same time, the basic tenets of the Bible and other good books – *Do unto others; Love thy neighbor; and You reap what you sow* remain the guiding principles in the latest revelations.

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God's Voice Speaks to Me All Through the Day

By Beverly Hutchinson McNeff

This article originally appeared in *The Holy Encounter*, a publication of Miracle Distribution Center – www.miraclecenter.org

One of the most asked questions by students of *A Course in Miracles* has to be, “How can I hear God’s Voice?” This workbook lesson gives us a rather different answer than the traditional “how to” answer, for it says you already are listening to God’s Voice! It tells us that there is a part of our mind which “is in constant communication with God, whether you are aware of it or not,” but there is another “part of our mind that functions in the world and obeys the world’s laws. It is this part that is constantly distracted, disorganized and highly uncertain.” So the question is not “How can I hear God’s Voice?” as much as “Do I *want* to hear God’s Voice?”

If you want to hear God’s Voice, this lesson says that your reward will be a mind that is “calm, always at rest and

wholly certain.” It also says that this part of your mind “is really the only part there is. The other part is a wild illusion, frantic and distraught, but wholly without reality of any kind.”

But to feel the calm and peace of mind this lesson promises means that we must want it above the insanity of our lives and this world. We must be willing to “sacrifice” our pains, fears and worries — not to deny them, but to honestly look at them with the help of our Internal Teacher and decide if holding on to them is worth the cost of our peace and God’s Voice and direction in our lives. Be willing to “go past all the raucous shrieks and sick imaginings that cover your real thoughts and obscure your eternal link with God. Sink deep into the peace that waits for you beyond the frantic, riotous

thoughts and sights and sounds of this insane world. You do not live here. We are trying to reach your real home... We are trying to reach God.”

This lesson assures us that it is quite possible to listen to God’s Voice all through the day, for there is really no choice between truth and illusion except in confused minds. Let us be willing to turn to God today whenever we can. Let us make it the highest priority in our day to listen to His Voice.

“God’s Voice speaks to me all through the day.”

Let us not betray our birthright for the momentary fantasies of this world, when God’s Voice is calling to us “lovingly, reminding you that your Creator has not forgotten His Son. He wants you to hear His Voice. He gave it to you to be heard.”

“God’s Voice speaks to me all through the day.” Let us repeat this idea realizing that we are inviting God’s Voice to speak to us and the truth to be known in our lives. Amen.

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**Above quotations are from
A Course in Miracles lesson 49**

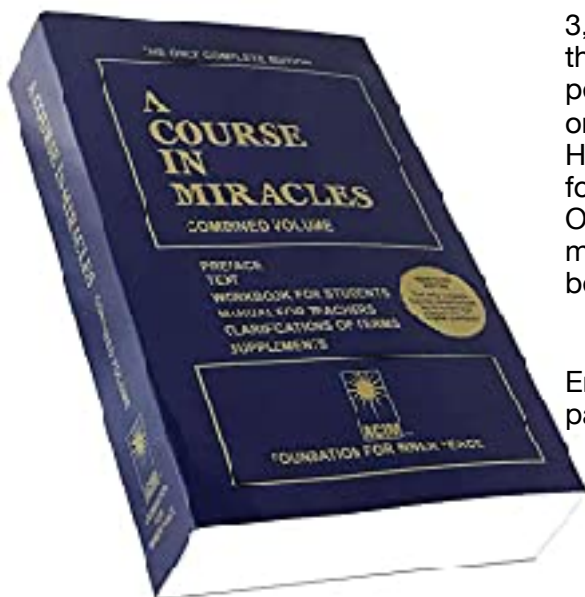


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Beverly Hutchinson McNeff and brother Richard Hutchinson are the cofounders of **MIRACLE DISTRIBUTION CENTER** is a nonprofit, 501(c)(3) organization dedicated to helping make the teachings of *A Course in Miracles* more available and to aid course students in their practice of its transformational principles. Over the years the Center has grown and evolved and now reaches worldwide. Founded in 1978 by Richard and Beverly Hutchinson (brother and sister), the Center responds to hundreds of requests a week from individual students of the Course as well as national magazines and newspapers interested in information on *A Course in Miracles*.

A COURSE IN MIRACLES



The Course, as it is published in this edition and used by 3,000,000 students worldwide, is a complete self-study spiritual thought system that teaches forgiveness as the road to inner peace and the remembrance of God. This is the only complete original edition of **A Course in Miracles** that the Scribe, Dr. Helen Schucman, authorized to be published by the Foundation for Inner Peace in 1975. Other books with titles such as 'The Original Edition' or the 'Unedited Edition' contain unsanctioned material which Dr. Schucman deleted since it was not meant to be part of the published Course.

A Course in Miracles is available in 25 languages, the English edition is available in hardcover, softcover (9"x 6") and paperback (8"x 5") and on Kindle.

[A Course in Miracles: Combined Volume](#)





“Bardo” Between Worlds

By Salina Rain

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In the last few years, especially after the 2011-2012 end of the Mayan Calendar, we entered what can be called this bardo-like inter-dimensional passage that leads us toward the new world, the 5th World in the Hopi tradition. This next world is, in essence the “World of the Spirit of Living Things” (to borrow the naming from Navajo creation tradition). We’re returning home to spirit as the essence of all beingness.

August begins with Jupiter, Saturn, Pluto, Neptune, Chiron, Pallas and Ceres all retrograde the entire month, with Uranus stationing to retrograde motion on the 15th. That’s eight members of our solar system in the backward and more internal, reflective and receptive mode. This planetary situation supports and enables the deep and often intensely difficult process of looking into the mirror of the soul, along with acknowledging and claiming the true history of our nation and of our species through the centuries of patriarchal dominance and submission as the major paradigm. For some it’s been a blessing of relative material stability while having the time and space to do the reflecting and re-assessing required. For others, the stress of insecurities in living situations, ability to adequately care for a family, or interruptions in education, training, the search for employment has made it all but impossible to deal with the deeper meaning of this time.

Unprecedented power dynamics collide this month as we navigate as best we can the necessities of our own situations, the tremendous letting go, while taking advantage of the ways we can engage with the most effective support available.

Full Moon on August 3 at the 12th degree of Aquarius has both the Lights in a conflicted, tense square to Uranus, the planet most associated with the divine lightening bolt of inspiration, awakening to otherness and unfamiliar energies, situations, entities in general. This will be an opportunity to release more of the old assumptions and familiarities we cling to in order to feel stable.

Uranus is the natural ruler of Aquarius making its influence even more potent and immersing us further into the realms of community, shared ideals, embracing differences and claiming our own unique role and path of highest fulfillment. This is good timing for creating a ritual or ceremony around release of anything that feels like it’s weighing us down or sucking our energy, leaving us tired and joyless. Cutting energetic cords where necessary is supported by these configurations, especially as Saturn forms a shifting quincunx aspect with the North Node all month.

Uranus makes its earthshaking turn retrograde on the 15th just 3 days before the New Moon, sure to upset the status quo. This brings its energies of

innovation, release from the known, possibilities for brilliance and breakthroughs from stuck places into the fore once again in the second lunation of the month.

Sun and Moon make their marriage at the 27th degree of Leo while making uncomfortable and pressurized aspects with Pluto and Saturn, a fairly serious situation for the usually playful upsurging Leo beginning of a cycle. But the times require we stay on track as far as the disciplined and challenging work at hand.

As we honor our present role and challenges as part of the passage through the bardo, or the inter-dimensional passage into the 5th World, the journey becomes not only sacred but exquisitely fulfilling as well.

Mars, the Sacred Warrior or unbalanced aggressor, the planet that activates our passion, motivation, physical energy and sense of right direction, has entered its own fiery home sign Aries by the first of this month and will be there into 2021, over 6 months in total. This is due to Mars’ retrograde pass between early September and mid-November when it will turn direct, a very long time for us to be impacted by its most fiery passage. Aggression, belligerence and highly impulsive behaviors can be expected while at the

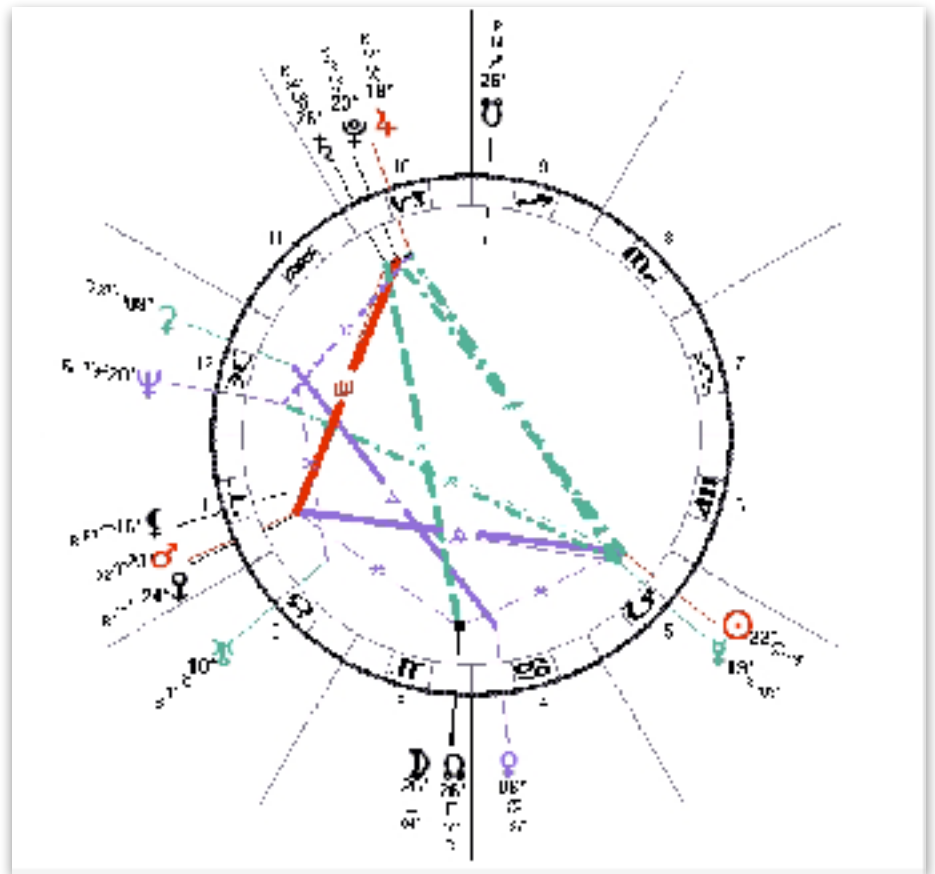
Continued on page 13

same time we can take the opportunity to learn more about skillful assertiveness, acting from personal ethics free of guilt or undue influences and allowing our passion to arise from the soul level. As a collective we're going through a crucial phase where matters of war, invasions of sovereign nations and exclusion of whole groups from the common good must be examined and replaced with concern for the rights and welfare of all. How we get there is dependent on our individual participation in these processes, requiring courage and risk, both of which are in abundant supply from Mars in Aries.

Jupiter-Pluto's 3rd meeting in late June has been bringing to the fore uses and abuses of power, authoritarianism, beliefs about who has the right to choose matters of life and death, from issues of personal autonomy to world leaders using their authority to kill whole groups of people. Death is a huge theme with these two planets as we face the reality that our species may be at its end, and even worse of our own doing. But the severity of these realities should not be a reason for giving up or succumbing to depression or escapism, but rather a call to claim our reason for being and act on that every day, in one way or another.

Again our world view is up for radical re-consideration as consensus reality falls apart from the weight of its own massive dysfunction. This leaves us with all possibilities wide open! We are innately creative beings and have been largely denied that aspect of ourselves in relation to how much we have subscribed to the prevailing paradigm which tells us only certain people or kinds of are special, creative, intelligent, worthy.

Chiron, the Rainbow Bridge between matter and spirit, turns retrograde on the 11th while making a wide, challenging square to Mercury, the Traveler between



the Worlds, which turns direct on the 12th. Words have power especially now, and can be used to wound or to heal. Instead of being victims of the past it's time for re-birthing from a place of self-validation, affirming the soul's purpose, which is the very foundation of courage.

We're all starting off on a new path of one kind or another as our world shifts and changes in unpredictable ways. Over the coming months, Chiron takes us on a wild and inspirational journey into the as yet unexplored dimensions of our reality, best to hang on for that ride. Our openness to new, arising alternatives for the path ahead is one of the necessities. As we navigate this summer's disquieting storms (and on the other hand, deceptively quiet periods), we must keep in mind ... whatever is going on beneath the surface is of ultimate significance.

Δ

Sabian Symbol for this New Moon reads:

*"A Greek muse weighing
newborn twins on golden
scales; the intuitive weighing
of alternatives." (Rudyhar)*





Focus On The Best-Case Scenarios

It's possible things will turn out far better than you could imagine

Best case scenarios are the only scenarios I'll talk about. I've dwelled on worst-case scenario ideas and have wound up not in the worst all the time, but definitely not anywhere near the place I could have been with a little more belief in my own ability to create outcomes.

Everyone I know who likes to revel in the "realistic" and the "worst-case" scenarios seems to have a lot of limits, a history of worst cases and a whole lot of evidence to support their very strong sensibility. I prefer the best case scenarios now, and I prefer my own view of what's realistic.

I encourage you to live your best life in your best ways. If that means being a little more unrealistic to some people and way more true to yourself, well, so be it.

Best case scenarios are the best!

Reality is all that we make it. I spent a good deal of time being indoctrinated by

the idea that I must be in an office instead of wading in the ocean. No matter how hard I tried to accept that reality, it was so distant from my nature. I belong in the ocean, in art supplies, in my spiritual practice, in my flow.

It took me a long time to accept the fact that I was meant to create my own reality and that this reality *did not get formed on top of worst case scenarios*.

A life built on fear has built-in limitations. You can only reach so far, try so much, decide so creatively... or else you'll break from reality and the worst things will come. This is not a universal truth. It's only true if you believe it.

Challenge your limits built on a reality that says it's only possible to have/be/do just so much.

Quiet time

Lots of quiet time *can help you get a clear sense of your own imagination,*

where our personal reality begins. Imagine, create, vision board, make art... Your whole life will expand.

Stretch more

Stretching is incredibly awesome for your body. It's also incredible for your life. Practice physically stretching every day. Stretch mentally by constantly learning. Stretch in every way, day-by-day reaching a little bit farther as you go along.

Constantly commit to yourself

It took me years of consciously choosing my reality over other's ideas in order to "un-program" myself of longstanding limitations. From writing in journals to making new choices every day in my life, making plans and taking my ideas seriously, every single thing I did that was a commitment to my reality shattered many limitations that had been holding me back.

Love is your life-expander. It's the heart-expander. It's the limit-breaker. While people come to me for Feng Shui looking for more money, more luck, to have clearer space at home, or to find a soulmate – what it all comes back to is deep love for yourself.

Love yourself deeply enough to value your reality and expect amazing things to happen. In this space of love, everything is a best case scenario!

△

You can learn more about me here:

www.fengshuidana.com

Feel free to contact me any time at

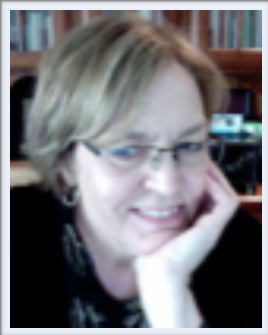
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Painting by Erin Gregory

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Tips & Benefits Of A Minimalist Bathroom

If your bathroom is over-stuffed, you waste time getting ready for the day. Keeping things tidy and in their proper place can save time and energy. Keep toilets and drains closed to enhance your wealth and prosperity.



The use of heavy stones and boulders in the bathroom simulates the powerful earth energy of the mountain. This symbolism can be most powerful in overcoming the effects of toilets causing problems in the home. Place a large boulder in the bathroom (or a pebble bath mat) to symbolically press down any 'bad luck' created by the toilet.





Transform Your Life By Creating Art

"I'm an artist and instructor living in the woods of Connecticut. The woods, hills, shores, and wildlife here are my inspiration. My art reflects and transforms my life. I am a painter, mixed media artist, jeweler, and guide on the inner journey." Join us at [Dragonfly Art Club](#) on Facebook. Discover art-to-do videos, resources and a supportive community. Visit Pat's websites: [www.patsartfullife.com](#) • [www.artisticwaytoenlightenment.com](#) • [www.patgullettdesigns.com](#) • [www.awegroup.net](#)

The best way to transform your life is to consciously become the architect of this day. Begin by becoming the observer of this fleeting moment of time. Look right outside your window. Grab the iPhone and catch the incredible clouds picking up the sun right this minute. Capture the flower as a bud, in full bloom, and then decaying right before your eyes. See the colors on the grass, leaves, and bushes as they catch the sky throughout the day.

Claude Monet painted the same haystacks day after day. The dawn of yellows and cream contrasted deeply with the twilight purples and blues. Each creation is a magnificent image you could gaze at forever. They carry the energy of the moment, allow you to breathe deeper,

and settle your body into a calm peaceful place.

Science has proven again and again, that art changes the brain. Makers become more observant of details, more aware of others, and feel more connected to the world. Putting your whole body into creating art changes everything. Get out of the head, and without judgment, create what your heart and head are feeling in the moment. This process creates magic.

The best way to transform your life is to be filled with well-being, empathy, and compassion by making art. Artists are the keepers of the vision, and journalists of the imagination as they record the mystery.

pass you by. Overcome whatever obstacles stop you from making art. There are affordable ways to create with what you have. Art is personal. You can keep it to yourself or share with a trusted group of artists on the same path. Never judge your creations and instead, focus on the process. This is play at its finest. Be the maker if being the 'artist' seems too demanding. Do this first and foremost for yourself. Let go of all opinions, both good and bad, since they can sway you off the path. But most of all, follow what fascinates and intrigues you. *Be curious of your ideas.*

"Unused creativity is not benign."

– Brene Brown

Pretty powerful quote! Doing art impacts every area of life. Once you feel what it's like to create from your heart in art, that energy carries over into all you do. You see the world with artists' eyes. Calm fills you as you step back from the outer world. People are viewed with compassion and acceptance since they all have their own path to follow. You focus on discovering yourself, your passion, and your beauty. Art is essential to life.

Let me know how art transforms your life. What stops you from creating? Cost, time, confidence, inspiration, passion, doubt, talent? What do you need to do art more often? Find yourself again with art. Transform your life.

△

Join us at [Dragonfly Art and Mentorship Program](#) to keep the creative juices flowing with clarity, guidance, and inspiration. You deserve it!

To comment on this article, email: theinnervoice@gamil.com



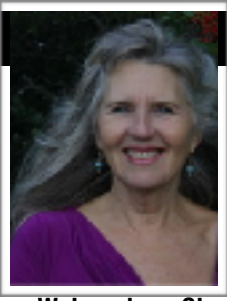
Painting: High Road to Taos by Pat Gullett

"Exposure to visual art and participation in creative activities create positive brain changes."

– art4healing.org

The brain is deeply activated doing art since it stops thinking and connects on a feeling level with the heart and gut, our intuition and instincts. Calming hormones flow up through the body, reducing stress and pain. Scientific studies prove what we feel is true. Making art transforms by relaxing the body as artists document their feelings. Getting emotions out moves the energy and allows each of us to make new, happy, memorable connections. That's transformation!

Don't let this opportunity



Welcoming Changing Tides



Welcoming Changing Tides By
Beverly Brunelle

Sunrises are majestic and mystical along the southern coast of Maine. Shades of orange, red and pink sparkle upon the glassy ocean. The wonderful smell of salty air fills the early morning mist. Silhouettes of people and dogs walking the ocean's edge add a sense of quiet thoughtfulness. It is a place to deeply look, reflect, feel and appreciate.

At low tide, the ocean retreats about 300 yards from the high tide mark exposing a massive new landscape every 12 hours. The beach becomes a stage to relax, play, and explore. The retreating tide reveals tide pools, rocks, sea shells and creatures. It becomes a play land of sand castles and game fields for baseball, volley ball, and bocci. Families, baby carriages, bicycles, and joggers traverse the miles of sand. It is important to pay attention to the changing tides. For the tide always turns. The winds pick up. Fog can dramatically roll in and the air temperature can quickly drop. At high tide all signs of castles and ball games are consumed by the ritual of the incoming sea. The beach real estate shrinks and visitors cram closer together to extend their summer outdoor delight.

Looking at this daily ebb and flow of beach goers and tides can seem repetitive to watch when expectations lead our perceptions. Each day, twice a day the tides expose fresh land with infinite possibilities for enjoyment and discovery. For those who are looking, they will find new treasures and experiences.

It is being curious, noticing what is new and different within this rhythm that opens their eyes and mind and perhaps their delight to the changing details before them.



PHOTO taken in Maine by Beverly Brunelle

Life and relationships are like the tides. We can look with assuming eyes, expecting each person, situation, to be the same. This can wash over our ability to perceive new possibilities of discovery. With more willingness to see what is new and different with the people we are with, we actually create a new dynamic space to receive the uniqueness of the moment, of the person, of the place, just as the tides create unique terrain with every turn.

Our breath is the inner ocean changing the tides of our perceptions. Each inhale and exhale create fresh new territory, exposing new options and possibilities to be curious about. Each breath has the potential to clear away limiting expectations of ourselves and those we are with. The tides of our breathing can expose new options to choose to enjoy ourselves, each other and create new possibilities for relating in the moment.

I invite you to explore the potential of welcoming the changing tides of your breath. Notice what is showing up within you and your relationship, Focus on the rhythm of your breathing to wash away habitual expectations and old assumptions you have held about yourself and those close to you. Clearly intend to look for what is new, different, creative and enlivening within yourself and in your relationships. Allow yourself to be curious, have fun and to be surprised!

Δ

Beverly Brunelle is an Intuitive Energy Shaman and Teacher. Visit: <http://www.beverlybrunelle.com> or email: dreamonbab@yahoo.com to schedule a private session.

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“We Are One”

The writing of a song by Pamela Hughes



The creation of this song “*We Are One*” meant a lot to me, more than I had realized. Initially it was about how connected we all are to the greater whole, but as it progressed, I realized it was something far more.

The death of George Floyd was a perfect example of how connected we all are and how quickly one incident affected our whole world. Whether it’s the passing of a great leader such as Gandhi or Martin Luther King when the news is out everyone is affected and we realize how much everything is interconnected as it is in the ecosystem of the planet.

As I moved further into the creative process of this song my subconscious was beckoning to me with the clarion call that I am also “One with the Creator.” Finding it hard to escape the

power in these words brought my connection to the Creator to life the more I would sing “We are One, We are One, Let our Oneness Heal your Mind, We are One, We are One, Let our Oneness Heal Mankind.” (Meaning our oneness with all mankind) But could it? Could it really heal mankind? If mass consciousness would choose to open to this in their minds and hearts it certainly could. In my mind, it could and can after receiving and feeling the power of these words!

The separateness in our own beliefs, thoughts, and ideologies has created a true rift in the consciousness of our planet whereas if we chose to “focus” on the greater whole, the bigger picture, “Our Oneness,” even with our different beliefs, could bring enormous healing for ourselves and for our mass consciousness as well.

This was the hardest song I’ve ever sung partially due to part of it being out of my range while the rest of it was fine. I didn’t want to change the key as the rest of the song was totally within my range. But isn’t this true of life? Part of it is within our range and part of it is not. I knew I had to hurdle any obstacles because the lyrics were far more important for people to hear than my own limitations, and I felt there would be a way to overcome them anyway.

This song became a matter of continuously “letting go and letting God” - a perfect metaphor for my life knowing that all would come together in the end, as I deeply desire a healing for all life on Earth.



https://www.youtube.com/watch?v=_JrTCm-n0dU&feature=youtu.be





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What the Animals Tell Me About Reincarnation

By Lynn Schuster, Animal Communicator

It is interesting that over the course of the last few weeks, many of my clients have asked me about reincarnation. They are wondering if, after their animal companions pass, do they have a desire to come back to be with their people. The answer is oftentimes, yes!

On the subject of reincarnation, I believe that all souls live forever and that when we incarnate into each lifetime, we choose to come back to Earth School. We come to Earth to learn, gain wisdom, raise our consciousness and as a result of all of that, we raise our soul's vibration.

Our souls are constantly evolving. When I imagine what God is, I see a huge White Light in the cosmos. I also see that our souls live in this Light. The Light is the vibration of Love. The highest, most unconditional love that exists in the Universe. When we choose to reincarnate, the Divine Light of God releases the souls that wish to return to earth. To live on earth, our souls must lower its heavenly vibration in order to remain in the bodies that we have chosen.

I also believe that we travel in Soul Groups. Oftentimes, we reincarnate together. Our animals can be part of our Soul Group and therefore, we travel with them as well as reincarnating with our human companions. We choose different roles in each lifetime, depending on what our "major" is. (Like going to college, each semester, we choose different courses to round out our curriculum. Some of the courses we take are in our major course of study while others are simply general requirements.)



"Cat's Cradle" Oil on board by Vanessa Cooper. <https://www.whitespaceart.com/artworks/vanessa-cooper/cats-cradle/>

A friend posed it to me this way: What if, before we incarnated into this life, we sat around a table in our favorite coffee shop in the ethers and decided that we would help each other discover more about ourselves and our feelings? We sign contracts with each other. Someone in our soul group says, "I love you so much. I will teach you about love." Someone else says, "I love you so much. I will teach you about courage." And someone else says, "I love you so much. I will teach you about jealousy." And so on. Then, when we incarnate, we experience spiritual amnesia. We don't remember the conversations we had with each other in the ethers. If we did remember, we would probably want to turn around and go right back home! We are born, and we live our lives. Sometimes we follow through with the contracts that we created and at other times we re-negotiate them.

I believe that when we die, we go back to Source Energy. The Divine is all loving. "Heaven" is a place of pure love. The love vibrates so high that we can't hold it in these physical bodies. It is so big, we can only get glimpses of the expanse of it all. In our lifetimes here, we are working towards bringing this loving presence to Earth and raising the vibration to be more in alignment with the high, loving vibration of the Universe.



It has been my experience, both with animals and people, that when we ask to talk to them after they have transitioned, they are very pleased to connect with us. Even after they have transitioned, they hold a loving space for us. We are still traveling together with our companions, both human and animal, because we are in the same Soul Group.

Your animals would very much like to create a conversation with you after they have transitioned. They leave it in your hands to choose if you would like to do so, or not. Remember they are in a place of pure love and there is no judgment.

They have ascended and are in a place of pure unconditional love. They will, at some point, return to the Earth School for another go around at life, perhaps appearing to you as that new kitty or doggy in the window, pulling at your heartstrings to take him home.

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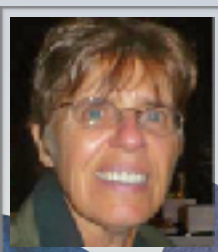
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