Staying Calm in a Crisis

By Nancy Freier and Sreper, Angel of the Great White Light

Q. As we become increasingly nervous about the Coronavirus sweeping the planet, and its effect on the stock market, what can you tell us about this? How do we keep calm through the chaos?

We see the panic that is sweeping the planet, and in spite of it all, as we wrote last month – stay out of fear and focus on God, the Good, Omnipotent Presence that you are one with. "His" steadfastness and Love for you and humankind has never wavered or changed but calls to you to come closer and lean in on this Strength and Power. This current state of affairs has become an example of how mass-fear spreads and we say, so can faith and-trust in God spread. You will not find this good news on the Internet or on your TV, but go within you and find it there. During this time of isolation and social distancing, create the niche of calm certainty within you given you by the Creator, and know you are always safe.

Disconnect from Earth's "broadcasting system," as the newscasters are forever focused on the negative, that creates fear in the viewers. Align yourself with your faith in knowing all things happen for good. Period. There is reason for this pandemic that one day all of humanity will see and understand. You will be safe throughout. So will said investments. Have no fear but restore your faith and your focus in God. Period.

You, as well as others who are dedicated to bringing the Light of Heaven to Earth, remain as one of our greatest helpers to spread our news in the world, and we will take care of you. Fear not, but behold the truth in who you are. Continue to affirm this Oneness and it will be a wall between you and earthly harm. Stay focused on God-the-Good and know this crisis is working itself out for the highest good of humanity.

Maybe it is time to disconnect from the crowd. Maybe it is time to isolate and get in touch with one's own inner voice. Maybe it is time for prayers to be answered that could not get through previously due to all the noise in the world. Maybe it is time to disconnect from mass media and all of the insanity of the present-day culture. Maybe it is time to deeply reevaluate what you are doing to yourself, to others around the world, and deeper yet to what the United States. is doing to other countries.

Q. We, the people of the world, have prayed for peace and for positive changes to manifest in the world for the highest good of the earth and humanity. Is this pandemic an answer to our collective prayers? Is this what change looks like? How can we view the current state-of-affairs we are living through?

Yes, this is what the changes look like. An earthquake, if you will, that is taking place in the mind of humanity necessary to shake loose the old, negative fears and way of thinking. Things will settle down in time, and settle into bright, and relevant new patterns that support life going forward on the planet.

Go forward in faith knowing that this is cleansing the Earth for it to be balanced and shining again, as well as a test in your faith to know that all things happen for a reason. May you "keep the light on" and have that peace and understanding now.

Q. Are we in the end times?

Dearest Ones, this is Sreper, Angel of the Great White Light coming to you to calm your nerves. Please read our words. This is an event that is causing extreme alarm in humans, and we say it is not the end, but a new beginning – a cleansing process that had been prophesied for millennia. Have faith you'll be safe.

Hold to the truth that everything happens for a reason. Many souls are exiting the earth through this event, but remember this is what their souls have chosen as a part of God's Grand Plan for them. Those leaving are finished with experiencing what their souls came to earth to experience and they are going home.

You need not worry, but open your inner vision to see and understand that Earth is not your true home. Heaven is. You are on Earth to learn your soul lessons, not stay there forever. We see that people have become so entrenched in the trenches of Earth that they have forgotten who they are and where their home really is.

Let us remind, you are children of the Most High, meaning of the highest energy but currently "traveling abroad" and blended with matter and vibrations on that level. Earth has been spinning out of balance for a long time, and the warnings of such have gone unheeded Now, the planet needs to come back into balance. Those who believe they are a physical body and that they die, can not and do not see past this concept. People who disregard Mother Earth and continue to trample and manipulate her are at cause of the great storms, upheavals, sickness and destruction. All the while throughout time, few awakened, and now a louder call has sounded forth.

("The meek shall inherit the Earth" runs through my mind.)

Look at the countries where the land is not ego- and industry-driven. They are not polluting the environment with millions of toxic automobiles dirtying the air, as an example. But, in developed countries such as North America, the way-of-life has been an emphasis on greed and making money with a seeming race-to-the-finish-line to see who "wins." Now, Mother Earth is calling loud and clear to stop the madness. Earth cannot tolerate the imbalance any longer.

We say this crisis will pass in time, but it will take with it the people who had planned to leave the Earth at this time. We remind you there are no accidents in your coming and going on that plane. All of life (and what you experience and learn) is a part of your soul's plan although you have forgotten that plan when you went through the veil at the time of their birth.

We speak to you from the Heavenly Realms where our perspective on the planet is clear. Life as you have known it is changing. It is raising in vibration to that of LOVE and is restoring balance to that precious jewel you call home. Your work now is to call on LOVE to be in you and direct you in all your ways. Love yourself, and love others – and do unto them as you would have them do unto you.